ENTRY FORM

Name
Street Address
City
StateZip
Phone
E-Mail
Age Sex
I will be participating in the free Kid Race for ages 7 – 12 years old.
I will be participating in the Race.
T-SHIRT SIZE –only for those competing in the Race.
SMLXLXXL
EVERY PARTICIPANT NEEDS AN ENTRY FORM!
Fees Kid Race Free Pre Registered by Aug 1 st \$20 Race Day \$25
Payment Make checks payable to: Wadena Lions
Mail check and registration form to: Wadena Lions PO Box 285

Wadena, MN 56482

Wadena Lions PO Box 285 Wadena, MN 56482

WADENA LIONS

PRESENT

Black's Grove



River Crossing Mountain Bike Race

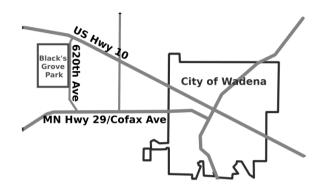
Sunday, August 26, 2012 www.blacksgrove.com

3nd Annual
2012 Black's Grove
River Crossing
Mountain Bike Race

Location

Black's Grove Park, Wadena MN.

From Wadena take Highway 29 west, turn right onto 620th Ave, turn left into the park.



Course

Off-road mountain bike race, includes single-track and ski trails.

Date and Start Times

Races will take place on Sunday, August 26th. Pre-register by mail. On-site registration will also be available. Race starting times are as follows:

9:30am - Kid Race

10:30am - Race

Race Events

<u>Kid Race:</u> Race for kids ages 7 to 12 years old. Race is short and relatively flat.

<u>Race</u>: Race is roughly 12 miles and mostly single-track with ski trail passing lanes. Trail is technical, steep and narrow at times on both uphills and downhills.

Awards

Awards for each race event are as follows:

Kid Race: Every participant will receive a medal.

Race: Every participant will receive a T-shirt.

Top female and male overall will receive trophies.

Top three racers in each age group will receive medals. The age groups are as follows:

- 29 and under
- 30 to 39
- 40 to 49
- -50+

Thank you to our sponsors

Tri County Health Care

1-800-631-1811 415 Jefferson Street North Wadena, MN 56482 http://www.tricountyhospital.org/

Jake's Bikes

320-219-7433 611 Third Ave Suite 201 Alexandria MN 56308 https://www.jakesbikes.com

WAIVER & ASSUMPTION OF RISK

WAIVER, RELEASE AND CONSENT

Please read, sign and return with entry. You cannot ride without a signed waiver.

I hereby acknowledge that I have voluntarily applied to participate in the Black's Grove River Crossing Mountain Bike Race. I understand that the activity of mountain biking involves risks and hazards and that I am fully capable of participating in the activities contracted for and willingly assume the risk of injury as my responsibility. I understand and agree that any bodily injury, death or loss of personal property and expenses thereof as a result of my negligence are my responsibility. I agree to release, absolve, indemnify and hold harmless the City of Wadena, the organizers, sponsors, municipalities, any or all of them, for any injury or death caused by or resulting from my participation in their activities associated with this event, whether or not such injury or death was caused by their negligence or from any other cause. This agreement shall serve as a release and assumption of risk from my heirs, executors and administrators for all members of my family, including any minors accompanying me.

I will wear an ANSI or Snell approved helmet when riding a bicycle during the Black's Grove River Crossing Mountain Bike Race and will obey all state traffic laws and regulations. I understand if I leave the marked trail I am no longer on the race.

I have carefully read this agreement and fully understand its contents. I am aware that I am releasing certain legal rights that I otherwise may have and enter into this contract on my own free will. I have read, understand and certify my compliance by my signature.

Signature
Name (Print)
If you are under 18 years old, the following must be signed by your parent or guardian. I, being the parent or legal guardian of the above entrant, who is under the age of eighteen years, having read and understand this complete waiver, do hereby consent that the above mentioned entrant may participate in the Black's Grove River Crossing Mountain Bike Race activities. I do hereby adopt entirely the above recited "Waiver, Release and Consent".
Signature

Name (Print)